

**EL DORADO UNION HIGH SCHOOL DISTRICT
BOARD POLICY**

Instruction

**COMPREHENSIVE HEALTH EDUCATION
BP 6142.8**

The Governing Board believes that health education should foster the knowledge, skills, and behaviors that students will need in order to lead healthy, productive lives. The district's health education program shall teach personal responsibility for one's own lifelong health, respect for and promotion of the health of others, the process of growth and development, and informed use of health-related information, products, and services.

Goals for the district's health education program shall be designed to promote student wellness and shall be developed in accordance with Board policy. Such goals shall include, but not be limited to, goals for nutrition education and physical activity.

(cf. 5030 - Student Wellness)
(cf. 6011 - Academic Standards)
(cf. 6142.1 - Sexual Health and HIV/AIDS Prevention Education)
(cf. 6142.7 - Physical Education)

The district shall provide a planned, sequential health education curriculum for students in grades 9–12 that is research based and age appropriate. The content of health instruction shall be offered in accordance with law, Board policy, administrative regulation, and state curriculum frameworks.

(cf. 6143 - Courses of Study)

The Board intends for health education to be part of a coordinated school health system that links district, school, and community programs and services to promote the health and well-being of students.

(cf. 1020 - Youth Services)
(cf. 3513.3 - Tobacco-Free Schools)
(cf. 3514 - Environmental Safety)
(cf. 3550 - Food Service/Child Nutrition Program)
(cf. 3554 - Other Food Sales)
(cf. 4020 - Drug and Alcohol-Free Workplace)
(cf. 4119.43/4219.43/4319.43 - Universal Precautions)
(cf. 5131.6 - Alcohol and Other Drugs)
(cf. 5131.63 - Steroids)
(cf. 5141.22 - Infectious Diseases)
(cf. 5141.3 - Health Examinations)
(cf. 4141.32 - Health Screening for School Entry)
(cf. 5141.4 - Child Abuse Prevention and Reporting)
(cf. 5141.6 - Student Health and Social Services)
(cf. 5142 - Safety)
(cf. 5146 - Married / Pregnant / Parenting Students)
(cf. 6164.2 - Guidance / Counseling Services)

The Superintendent or designee shall provide periodic reports to the Board regarding the implementation and effectiveness of the district's health education program.

(cf. 0500 - Accountability)

Legal Reference:

EDUCATION CODE

- 8850.5 Family relationships and parenting education*
- 35183.5 Sun protection*
- 49413 First aid training*
- 49430-49436 Pupil*
- 49490-49493 Child nutrition needs*
- 49500-49505 Meals for students*
- 51202 Instruction in personal and public health and safety*
- 51203 Instruction on alcohol, narcotics, and dangerous drugs*
- 51210 Areas of study*
- 51220.5 Parenting skills; areas of instruction*
- 51260-51269 Appropriately trained instructors*
- 51265 Gang violence and drug and alcohol abuse prevention in-service*
- 51513 Personal beliefs; parent or guardian notification*
- 51890-51891 Comprehensive health education programs*
- 51913 District health education plan*
- 51920 In-service training, health education*
- 51930-51939 Comprehensive sexual health and HIV/AIDS prevention education*

CODE OF REGULATIONS, TITLE 5

- 11800-11801 District health education plan*

Management Resources:

CSBA PUBLICATIONS

- Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide, rev. 2005*

CDE PUBLICATIONS

- Health Framework for California Public Schools, 2003*

CDHS PUBLICATIONS

- Jump Start Teens, 1997*

WEB SITES

- CSBA: <http://www.csba.org>*
- CDE, Health Education: <http://www.cde.ca.gov/ci/he>*
- CDHS, School Health Connections: <http://www.mch.dhs.ca.gov/ci/he>*
- California Healthy Kids Resource Center: <http://www.californiahealthykids.org>*
- California Project LEAN: <http://www.californiaprojectlean.org>*
- Centers for Disease Control and Prevention: <http://www.cdc.gov>*
- National Hearing Conservation Association: <http://www.hearingconservation.org>*